

HOW TO QUICKLY  
AND EFFORTLESSLY  
ATTRACT ANY  
WOMAN AND TURN  
HER TO YOUR  
GIRLFRIEND

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## Introduction

I'm glad that you have taken the right step to have a girl that you can rightly call your girlfriend and lover.

The step you've taken now is what many guy fail to take to learn the secret of how to get a girl that will say yes to their proposal without shedding any sweat.

What you'll discover in this short report will blow your mind away and everything from getting the girl to nod in affirmation of what you so much desire is going to be effortless.

It is a road that I have walked through several times and master the necessary skills that turns me to women mastery.

I must admit, I failed several time in the past and during these failures period, I have always sit back to access why do I fail to get this girl say yes to being my girlfriend.

I had always thought maybe if I dressed well, looking handsome and practice some pickup lines will give me an edge, to make any girl that I approach to say yes emphatically to my request, but it all failed me big time.

I later realized that, some of the pickup lines I had practiced are what these girls hear from time to time from guys that have approached them, and it is no longer news to them, they are just use to it. Damn it!

So when they hear another guy saying the same pickup lines, they automatically switch their feelings if ever they've started having some feelings for you before.

So, the way to go is just to be natural, just say it anyway you want it, inasmuch as you don't feel shy or show some kind of not being confidence before her.

Although it is a skill which much be learnt and I believe after you have finishing reading this digital book, you'll become a master toaster, and in no time, you'll get the girl you have your eyes on quickly and effortlessly.

What you should be expecting to learn in this short report is what is attraction and how does it work, how being a confident guy will help you to get result a lot quicker.

Being a friend first or lover before friendship is established is what many people want to get right, here in this book you'll be able to weigh your options and see which one will get you faster result.

I know you'll desire to know the one approach that will help you get any girl to say yes when you ask her out. That approaches that I have used several times and has never get any rejection is exactly what I'll share with you in this guide.

So, sit and relax as you consume the information that'll turn you into the kind of guy that get girl at will using the power of the information you're going to read here.

# **Real Attraction And How Does It Works on Women psychology**

The biggest mistake most people do when trying to attract women is assuming that there is a one size fits all solution.

While there are certain things that can appeal to the general population of women such as self-confidence or social status still each women is a special case and attracting her requires knowing more about the psychology of attraction.

Before you think about attracting a certain women you should consider understanding her first. When you understand attraction psychology of women you will know how a woman thinks and you will know the things that can really impress her.

Right after knowing these things all you need to do is to market yourself to her the right way.

In this guide, I will tell you about attraction psychology of women and this will help you to quickly and effortlessly attract any women inasmuch as she is still available.

## **Psychological facts about attraction for women**

Now you know that according to the psychology of attraction, that not all women think the same way but certainly each woman will have at least one of the below items in her wish list:

### **Alpha males attract most women**

Women are attracted to strong, influential and charismatic men. Ask any girl about her dream guy and she will give you one of the

famous good looking celebrities as an example, now wait until she gets married and see if there is any match between the man she married and the celebrity she dreamed of. One of the interesting things about psychology of attraction for women is that, when they think logically about attraction they use different parameters for selection than the ones they use when they unconsciously become attracted to someone.

### **Social status or ambition attracts most women**

According to the psychology of attraction, most women need protection and so one of the things that make them feel secure is being with a man with a high social status or an ambitious man, simply because that ambitious man is very likely to have high social status one day.

A research found that a man who drives an expensive car is perceived to be much more attractive than a man who drives a normal car.

### **Self-confidence attracts most women**

Self-confidence is the only trait that appeals to 99 percent of women and that makes a man much more attractive. If you want to attract women then build self-confidence.

## **What about nice guys?**

First let me give you the definition of the word nice so that you get me correctly. A nice guy is the one who lets the woman take charge, who does everything to make her happy even if the cost was his own happiness, who calls her all the time and who chases her.

According to the psychology of attraction of women, nice guys don't just finish last but they don't even finish at all.

Women need to feel secure by being close to a dominant male who takes the lead instead of a nice guy. If you became a crowd pleaser then you will never attract women

## **Popularity & Attraction:**

Certainly popularity is a factor that influences attraction. A Psychological research found that women find men more attractive when they see other women smiling to them. That's just a smile, what about a man who has many fans? Think about it.

## **Do women care about Looks?**

According to the psychology of attraction of women, women don't care about looks as much as men do but they certainly become attracted to healthy men who are well built. Luckily you can start exercising, go to the gym and change your body shape right now, that's completely possible.

## **Boycotting Friendship First, Be Her Lover, Friendship Comes Later**

For the fact that lots of people believe in being a girl's friend first, and then make your intention known to her that you love her is what is consider to be good enough to start dating any woman. It does not mean it is the absolute way to get a woman interested in you.

If you follow that part of being a girl's friend first, you'll be going through long process. The aim of this book is to get a woman attracted to you and for you to turn her into your girlfriend within weeks.

So, in my honest opinion about it, you don't need to go after friendship first, once you understand what really attract women as I have outlined above.

The fact remains, lots of guy go after friendship first and most of them stuck in friendship zone. And you know what, once you stuck in friendship zone, just forget about the possibility of being her boyfriend. You'd better look for another girl and stop wasting your precious time with her.

.....Did you know that women will quickly decide where you belong within some seconds when you meet them?.....

To let a woman know where she should put you as you meet her; you need to create that environment that will make her not to think of putting you in the wrong perception. You want to be a lover and not just her friend.

You see my friend; let me be frank with you here.

Dating someone you just met can be scary or brilliantly fun. An advantage to dating fresh is that automatically you're going to start off **tabula rasa** (tabula rasa mean an absence of preconceived ideas or predetermined goals).

Unless you were set up on a blind date, after meeting a person, something about you must have intrigued and attracted them in some way or they wouldn't have asked you out on a date. That's a good start.

You really shouldn't have any judgments going into the date because you don't really know the person.

That's the fun/scary part; you don't know them, so you don't know whether or not they hate your favourite 2Face Idibia song, Awilo Logomba kind of music, P-Square entertaining music, are a compulsive liar, are convinced they are Rocky Balboa, are still in love with their ex-boyfriend, what kind of sport does she loves (wrestling, football, basketball, hockey or table tennis) and so forth.

After several dates, you might realize you have so much in common with this person, and you can't imagine how you've lived your life for so long without this person. That would be lovely.

However, after several dates you might realize you both have nothing in common and there's no spark. That stinks, although there is a plus side. If it doesn't work out between you both, you

can just stop talking and resume life as if you both never met. There's no messy clean-ups or tangles within your lives, because you guys haven't known each other that long.

So, the bottom line here is that; a significant prior friendship will not **prevent** or **guarantee** a successful romantic relationship. People are responding to things out of their ken, and it doesn't matter whether you've been their friend first or not. If it is not going to work out, it won't, and if it's going to work out perfectly, it will definitely do.

## **The Golden Traits Or Characters**

These traits or character will make her blush every time she sees you, what will be running at the back of her mind is that, you should just pump the ultimate question.

**...will you be my.....**

These golden traits are all sums-up and collectively called PERSONALITY.

The good news is that your personality is your GREATEST ASSET in the success-with-women game.

Fortunately, it's the one thing you can change. And it's the one thing that can OVERCOME all of the rest thing that attract women. After you've done what you can to look your best, etc. you have to develop a personality that's absolutely magnetic. Now let's talk about how you can do just that.

By the way, the one quality that attracts women the most (and keeps them attracted) is not something that they can initially 'look' for. It's the way they FEEL when they are with you or thinking of you.

In the end, if you don't have wealth, power, fame, or looks you're going to have to use your personality to make them FEEL good. In the end, your personality is the most powerful weapon you have.

## **Personality Traits That Attract Women**

I'd like to talk about some of the different personality traits that women find most attractive. Some are better when used with others, and some don't work well together. Here is the list with brief descriptions.

**Funny:** Humour is just plain powerful with women. If you can keep her laughing, you will surely go far.

**Intelligent and Creative:** Intelligence is sexy IF it's used in a way that's interesting to her. Use your creativity and intelligence to surprise her with ideas, fantasies and unexpected things that charm her.

**Classy and Cultured:** If you have class, women pick up on this.

Do your shoes and belt match? Do you understand interior design and colour contrast? Do you know about different types of wine? Do you like foreign movies? Do you understand fashion?

Do you enjoy exotic foods? Do you serve her Hors d'oeuvres and a glass of wine when she visits? Do you open all doors for her?

Women notice this stuff BIG TIME.

**Dominant:** Women have an unconscious attraction to dominant men.

**Thoughtful:** Women don't just like gifts, they like knowing that you were THINKING of them. The gift is a SYMBOL. Women feel the same amount of good inside whether it's a card or a diamond (of course the diamond lasts longer, so there are more 'times of feeling good!'). But the fact is that women like to know that you're

thinking about them. Even if you're telling a woman that you don't like it that she was out with another guy, she'll like it, because it means you were thinking about her!

**Notices Significant Details:** Women don't just notice details; they use them to try to be attractive and attentive. If she is wearing a sexy outfit, she didn't put it on by accident. If her hair is done nicely, it wasn't a fluke. Women are very impressed and attracted to men that notice these details.

**Unpredictable/Predictable:** Here's a paradox. Women are drawn to men that they can't control or predict. They obsess over guys who flirt and give them attention, then don't call the next day. Predictability is only attractive when it comes to choosing a husband. Then a woman usually wants a man who's very predictable.

**Enthusiastic, Fun, Happy:** Nothing is a bigger turn off than a killjoy. Some men get upset and frown when a woman is happy, and try to put down the things that she enjoys to sound superior. This is usually a huge mistake. Enthusiasm is infectious and attractive.

**Adventurous:** Women are instantly attracted to men who like to do extreme, adventurous, unusual, even dangerous things. It's exciting. Adventurism is sexy.

**Confident/Cocky:** Women are magnetically attracted to men who are just a little bit too cocky. Just a little bit. This is a tough one to explain. Many men take this to mean 'overly arrogant'

which is not what I mean. The confident/cocky trait is mild overconfidence combined with humour, it drives women wild.

**Expertise:** If you're an expert in an area that is interesting to your kind of woman, this can be attractive. It needs to be presented from a "*I know a lot about this, let me show you*" perspective, not a "I'm cool and you're not" angle.

**Attention:** Women like attention, and interestingly enough, it's better to hint at the attention that you're giving them than to be too obvious about it. If you say "*I was thinking about you earlier today, and I just wanted to mention that I really like the sound of your voice...*" it's much more powerful than listening to them complain about something so they think you're paying attention.

Get it?

Every woman is slightly different. There is no one magic system that every woman responds to. If what you're doing doesn't work, don't throw out the system... try it on a different woman. (The most successful men I know will tell you that they are only successful because they are able to accept 'no' and not take it personally. Again, unsuccessful men take a 'rejection' as a personal assault on their inner child. Don't make this mistake.)

So start right now.

Take a moment and describe the type of woman that you'd like to attract. Then write down the qualities that you think will attract her. Then go to work cultivating these qualities.

The idea is to create your own winning combination and then find a place to use it that has the best chances of working for you. You want to come across as interesting, unique, original and desirable.

## **The Pre-Opening; It'll Let Her Put Down Her Guard And Response Positively**

Pre-opening by definition is an action that you take with a woman prior to verbally engaging her. It's something you'll use to get a woman's attention and prime her to be opened.

Pre-opening is non-verbal gesture that give a woman a chance to gather herself and be in the right frame of mind to respond positively to your verbal opener.

Touching a woman before you even speak to her is a good pre-opening. The aim of pre-opening is to let her look at you first and size you up before you look at her with a locked eye-contact and then with beautiful smile.

Pre-opening certainly isn't limited to touch by any means. Rather, touch is simply the most common and straightforward way for you to pre-open.

The reason pre-opening works is simple, you typically want a woman to be looking at you first. This is the first step in setting up the chase dynamic that you want; you want those subconscious signals firing in a girl's mind that she noticed you first, that she was interested in you first, that she is chasing you and pursuing you.

The early stages of an interaction with a new woman go much more smoothly when you start off using this dynamic than they do when you start off as the pursuer (as the one making the

initial eye contact). By using touch, you're able to get a woman looking at you before you are looking at her.

Some standard pre-openers include; lightly resting your hand on a woman's arm until she turns to look at you, or placing your hand on her shoulder and perhaps squeezing her shoulder a few times if she is slow to turn.

A half-second after her eyes are gazing at yours, you turn to her very casually with a warm smile and begin your verbal opener.

### **Why Pre-Opening Works**

Why does pre-opening work? It works because it displays mountains of confidence. Women know that any man using pre-opening is comfortable with women and not in a needy frame-of-mind whatsoever.

It sets the initial chase frame. By having a woman look at you first, you're setting the early frame in her mind (and in yours) that she is the one pursuing you.

It gives women a chance to size you up. In all likelihood, the woman you're going up to meet is thinking about something else, or talking about something else, or doing something else – and when you first walk up, she has to mentally readjust a little to prepare herself to talk to you.

When a guy walks up to her and immediately launches into conversation, it can be trembling and a little disorienting.

Giving her a moment to soak your presence in, lets her feel far more comfortable than when you begin talking to her.

Pre-opening is a spectacular way of getting warmer, stronger, more positive receptions from women almost universally. The more you pre-open, the higher an opening percentage you'll have, and the better a foot you'll start off on in every new interaction.

Pre-opening does much to benefit your initial approach; if you want to have women at hello, this is one way you can get there a lot more consistently.

## **The No Rejection Approach System**

If you don't want to get **“NO”** for your offer when asking her out, you just have to pay attention to this you're about to read now.

If you're ready, let get into it right away...

Don't just walk up to a woman and ask her out of the blue (or when she's in the middle of talking to all of her friends with about 200 people standing around watching).

### **Instead, ask her out on a high note.**

If you want to know how to ask a girl out and get a "yes" almost every single time, this one is absolutely the key to the whole thing. You ask her out when she's enjoying talking to you and she's going to say "YES."

You see, when most inexperienced guys ask a girl out? It's either:

- Out of the blue, like 14 years old guy,
- While she's in the midst of conversation with other people, like 14 years old guy, or
- As a conversation with her is circling the drain and it feels like it's now or never.

Let me make it clearer for you again; most guys ask girls out when:

- It feels random and awkward, or
- It feels like there's no connection between them and, again, it's awkward.

No wonder so many guys are terrified to ask girls out, and/or not all that good at it. They ask at the wrong damn times in the wrong damn situations!

Honestly, if some random guy started talking to you, and then you guys talked and talked, and then started running out of conversation, and then it started feeling a little awkward, and then he was like, "Hey buddy, we should go grab a suya and some beer now," will you be excited about that?

Now compare that to some random guy who's started talking to you, and he feels like your long lost best friend, and the two of you are in the middle of laughing at some story he just told, and he says, "Hey pal, we need to go take some goat pepper soup and top it up with malt or beer or gulder or whatever and chill ourselves."

On that second one, you're probably going to say, "Sure man, let's go there my guy, my guy wey sure pass anything!"

Why you'll say yes to the second request above is because it was proposed on a high note.

And that difference is how acutely women listen to their emotions. Women don't decide things because they logically make sense; women decide things because they emotionally do.

And even for men like us, who don't rely on feeling as much as women do, when someone asks you to spend more time with them when you're already enjoying spending time with them, in

the very midst of that enjoyment, like in that second example above, you're certainly going to agree, almost always.

And when they ask you to spend more time with them when it feels weird or awkward or random or challenging to keep spending time with them, like in that first example above, you're likely to decline, because you don't want to be feeling that again.

**....The emotion is key...**

So what high notes do you look for?

- She's laughing
- She's telling you a lot about herself
- She's staring at you like she wants to grab you and tear your clothes off

Things like that. If she's smiling and talking with you and laughing, that's a pretty good indication she's enjoying herself with you and that she'd be open to spending more time with you and enjoying more interaction and conversation with you.

Ask her out.

**But What If She Says "No"... Don't Give Up!**

I remember when I used to get this surge of fear and adrenaline before asking a girl out. Like I was going to get stabbed in the hip or something if she didn't want to go out with me.

The funny thing is, it's just a "no". The country economy is not going to collapse, nobody is going to cut your head off, and

nobody posts a video of you getting rejected online for the world to see (or at least, hopefully not).

The worst possible thing that could happen is she says "no," and you go on with your life.

But you shouldn't just take a "no" at face value.

If she says "no," unless it's incredibly harsh and maybe she's engage with someone else, play it off and be a little dramatic.

Put your hand over your heart, gasp, and look away. "Chioma! You break my heart. All I want to do is be your knight in shining armour!"

She'll laugh.

You make your exit, and you can also use something like this

"I want you to reconsider this over the next couple of days, okay? Because some day you're going to be sitting there, thinking back to this day, and you're going to say to yourself, 'Damn it, when Chidi asked me out, I should have said yes!'"

And she'll probably laugh again.

And if she does, you are winning, maybe not that time. But ask her out a week later, and she's probably going to say "yes." And if she doesn't, rinse and repeat.

It might sound silly, but you being unfazed when she says "no" is one of the most crazy attractive things you can do around a woman.

Persistence is attractive to women like few other things are.

Don't believe it? Try it out. Then come back and let me know how it worked out. You may be quite surprised.

Even guys women thought they'd never go out with get dates this way... this is what I have done over and over again, and it always proving positive for me.

Persistence pays off. Don't take "no" so seriously.

### **Be Cool When She Says "Yes"**

Yes, it's awesome that she said she'll go out with you.

A lot of less experienced guys, when a girl says "yes" to them, they either get really excited... or they get really weird and awkward.

Needless to say, you don't want to go either of those routes, so be prepared for that and prime yourself to be normal after you ask her.

How do you do that?

You make a personal note internally, before you ever go talk to her, that no matter what she says, you're going to be cool.

And after you ask her out and she gives you her answer, you're going to continue the conversation on as if nothing else had happened.

### **Here's what you won't do:**

- Get really excited
- Get really nervous
- Start talking to her about the date
- Start telling her you're really glad she said yes
- Start trying to plan out logistics or timing or scheduling
- Do or discuss anything overly factual or logical

### **Here's what you will do:**

- Talk to her exactly the same as you were before
- Pick up on a topic you were on before you asked her out if you need one

Mind goes blank? Ask her what she's got planned for the rest of the day; that's an easy one. Just make it smooth, natural, and make sure she doesn't have any cause for concern about her decision to say "yes!"

If you stick with these tips and insights on how to effortlessly attract woman and ask her out, I'm confident you're going to start getting just about every girl you ask on a date agreeing to go out with you.

At the very least, you'll be a very hard guy for a girl to say "I'd like to be friends first" to!

## Conclusion

In my conclusion, I'm going to leave you with my fantastic tip that'll greatly help you out after your opening.

It is much more preferably to introduce yourself after the opening and instead of giving her a handshake just like guys do greet each other, I want you to follow what I always do with woman and it's been working for me very well.

Here is it,

I don't "shake," but rather put my hand out, palm up, and take a girl's hand in mine and simply hold it, with a **"Nice to meet you,"** and a **warm smile**. You can wait for her to let go (as in removing her hand on my palm) - sometimes they never do, and you immediately get into a very sexually charged, electric conversation and let your hands slip off each other rather seductively.

It's a nice way to get some initial contact going on, break the tension gap, and communicate right away that you aren't like other men - no masculine shaking of hands here, you want to communicate sexy kind of guy and that is exactly what you are.